



111 B South Main Street
Greer, SC 29650
864.416.0125
www.greerdevelopment.com

FOR IMMEDIATE RELEASE

August 22, 2008

KNOW THYSELF HEALING CENTER OPENS IN GREER

(Greer, South Carolina) Know Thyself Healing Center has located with The Natural Choice at 703 W. Poinsett Street in Greer. Diana Charles, owner of ***Know Thyself Healing Center***, is a licensed massage therapist in South Carolina, a certified member of Associated Bodywork and Massage Professionals, and is nationally certified in Therapeutic Massage and bodywork. In 2006 Ms. Charles completed all three levels of Reconnective Healing and continues to study additional healing modalities to enhance her services.

After attending the “JumpStart Your Business” Seminar offered by the Clemson Small Business Development Center and the Greer Development Corporation in June of this year Ms. Charles stated, “It is a great program, offering a world of information. It was very focused, and gave you a step by step way of approaching your business set up.”

Know Thyself Healing Center services include therapeutic massage, Ionic Foot Detox, Reconnective Healing, and Emotional Freedom Techniques. Ms. Charles also offers several energy bodywork modalities including Reconnective Healing and Reiki, a Japanese technique for relaxation and stress reduction; she teaches classes at all levels of Reiki.

Therapeutic Massage is used to alleviate low back pain, enhance immunity, sooth stressed overworked muscle, lessen depression and anxiety and much more. Reconnective Healing uses new frequencies to allow the mind-body spirit to heal. Emotional Freedom Techniques focus on the release of negative emitions caused by a disruption in the body’s energy system, thus freeing one from pain and disease.

Diana Charles added, “I am delighted to be working with the people of Greer and surrounding communities as they recognize that good health is their most sacred and precious possession – and that it is time to put wellness a the top of their list of daily priorities.”

For more information on ***Know Thyself Healing Center*** call Diana Charles at 864-469-9752 or visit their website at www.knowthyselfhealingcenter.org.

For more information on Greer Station, Greer’s Hip and Historic Downtown, please contact the Greer Development Corporation at (864) 416-0125, visit their websites at www.greerstation.com or www.greerdevelopment.com.

The Greer Development Corporation is a non-profit organization established to promote and enhance economic growth and development in the Greer community. GDC is a 501c(4) public-private partnership focused on business recruitment and retention activities, targeted marketing, and product development.